			89 / 121 types o	of consciousness			
Name of minds Unwholesome		Wholesome	nolesome Resultant Functional Total of n		f minds		
Lobhamūla Greed rooted	8	0000 • • •				e 12	
Dosamūla Anger rooted	2	☆ ☆				Unwholesome tiful 30	
Mohamūla Delusion rooted	2	• •				Unwh utiful 3	
Unwholesome resultant	7			• • • • • •		18 Unv Unbeautiful	
Wholesome resultant	8			• • • • △ • • •		Rootless re 54	
Rootless Functional	3				• • •	sphe	
Sense-sphere Wholesome	8		0000 ••••			Sense-	
Sense-sphere Resultant	8			0000 • • •		Sense-sphere beautiful	81 n brief)
Sense-sphere Functional	8				00000	Sense-s	Mundane sness 89 (ir
Form-sphere Wholesome	5		0 0 0 0 •			e 15	Mundane 81 Types of consciousness 89 (in brief)
Form-sphere Resultant	5			0 0 0 0 •		Form-sphere	of cons
Form-sphere Functional	5				0 0 0 0 •		Types
Formless-sphere Wholesome	4		• • • •			lere 12	
Formless-sphere Resultant	4			• • • •		Formless-sphere	
Formless-sphere Functional	4				• • • •		(in detail)
Path Con- sciousness	4		0 0 0 0			Idane 8	
Fruition Conscious- ness	4			0 0 0 0		Supramundan	of consciousness
Stream Enterer Path	5		0 0 0 0 •			ome 20	of con
Once-returner Path	5		0 0 0 0 •			Supramundane Wholesome 40 (in details)	types
Non-returner Path	5		0 0 0 0 •			nundane letails)	121 t
Arahatta Path	5		0 0 0 0 •				
Stream Enterer Fruition	5			0 0 0 0 •		esultant 20 Supramundane	
Once-returner Fruition	5			0 0 0 0 •		Supi	
Non-returner Fruition	5			0 0 0 0 •		Supramundane Resultant 20 Supramund	
Arahatta Fruition	5			0 0 0 0 •		Supra	
In E		12	21 37	36 52	20		l=89 =121

(Akusala Citta) Unwholesome Consciousness = 12				
	(Lobhamūla) Greed Rooted Consciousness = 8			
1	with pleasure with wrong view		unprompted	
2	with pleasure	with pleasure with wrong view prompted		
3	with pleasure without wrong view unprompted		unprompted	
4	with pleasure without wrong view prompted		prompted	
5	with neutral feeling with wrong view unprompted		unprompted	
6	with neutral feeling with wrong view prompted		prompted	
7	with neutral feeling without wrong view unprompted		unprompted	
8	8 with neutral feeling without wrong view prompted		prompted	
(Dosamūla) Anger Rooted Consciousness = 2				
1	with displeasure	with hatred	unprompted	
2	with displeasure with hatred prompted		prompted	
(Mohamūla) Delusion Rotted Consciousness = 2				
1	with neutral feeling	with restlessness		
2	with neutral feeling	with doubt		

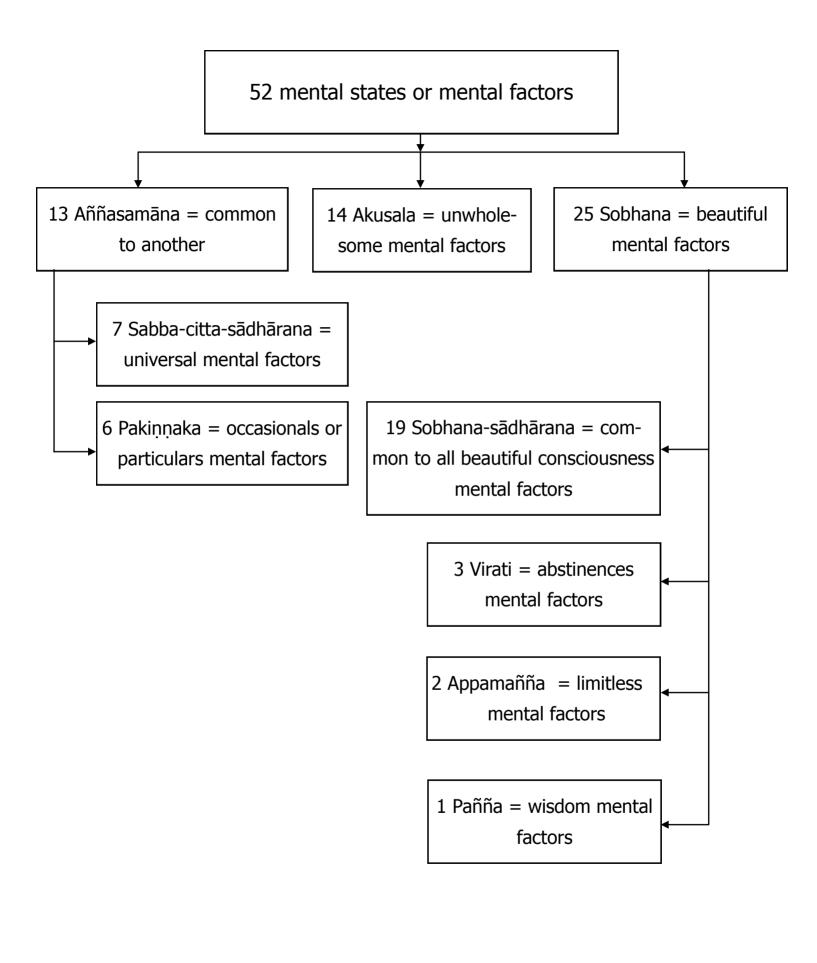
(Ahetuka Citta) Rootless Consciousness =18			
(Akusala-vipāka) Resultant of Unwholesome =7			
1	with neutral feeling	Eye-consciousness	
2	with neutral feeling	Ear-consciousness	
3	with neutral feeling	Nose-consciousness	
4	with neutral feeling	Tongue-consciousness	
5	***with painful feeling	Body-consciousness	
6	with neutral feeling	receiving-consciousness	
7	with neutral feeling	investigating-consciousness	
(Ahetuka Kusala-vipāka) Rootless Resultant of Wholesome =8			
1	with neutral feeling	Eye-consciousness	
2	with neutral feeling	Ear-consciousness	
3	with neutral feeling	Nose-consciousness	
4	with neutral feeling	Tongue-consciousness	
5	***with pleasant feeling	Body-consciousness	
6	with neutral feeling	receiving-consciousness	
7	with pleasant feeling	investigating-consciousness	
8	with neutral feeling	investigating-consciousness	
(Ahetuka Kiriya) Rootless Functional =3			
1	with neutral feeling	Five-door Adverting consciousness	
2	with neutral feeling	Mind-door Adverting consciousness	
3	with pleasant feeling	Smile-producing consciousness	

sense-sphere Beautiful Consciousness =24					
sense-sphere Wholesome Consciousness =8					
1	with pleasant feeling	with knowledge or wisdom	unprompted		
2	with pleasant feeling	with knowledge or wisdom	prompted		
3	with pleasant feeling	without knowledge or wisdom	unprompted		
4	with pleasant feeling	without knowledge or wisdom	prompted		
5	with neutral feeling	with knowledge or wisdom	unprompted		
6	with neutral feeling	with knowledge or wisdom	prompted		
7	with neutral feeling	without knowledge or wisdom	unprompted		
8	with neutral feeling	without knowledge or wisdom	prompted		
	sense-sphere Resultant Consciousness =8				
1	with pleasant feeling	with knowledge or wisdom	unprompted		
2	with pleasant feeling	with knowledge or wisdom	prompted		
3	with pleasant feeling	without knowledge or wisdom	unprompted		
4	with pleasant feeling	without knowledge or wisdom	prompted		
5	with neutral feeling	with knowledge or wisdom	unprompted		
6	with neutral feeling	with knowledge or wisdom	prompted		
7	with neutral feeling	without knowledge or wisdom	unprompted		
8	with neutral feeling	without knowledge or wisdom	prompted		
	sense-sphere Functional Consciousness =8				
1	with pleasant feeling	with knowledge or wisdom	unprompted		
2	with pleasant feeling	with knowledge or wisdom	prompted		
3	with pleasant feeling	without knowledge or wisdom	unprompted		
4	with pleasant feeling	without knowledge or wisdom	prompted		
5	with neutral feeling	with knowledge or wisdom	unprompted		
6	with neutral feeling	with knowledge or wisdom	prompted		
7	with neutral feeling	without knowledge or wisdom	unprompted		
8	with neutral feeling	without knowledge or wisdom	prompted		

#### Form-sphere Consciousness =15 Form-sphere Wholesome Consciousness = 5 Initial applica-Sustained appli-One-1 **Happiness** 1st Jhana Joy tion cation pointedness Sustained appli-One-2 2nd Jhana Joy **Happiness** cation pointedness One-3 Happiness 3rd Jhana Joy pointedness One-4th Jhana 4 **Happiness** pointedness One-5 5th Jhana Neutral pointedness Form-sphere Resultant Consciousness = 5 Initial applica-Sustained appli-One-Happiness 1st Jhana 1 Joy tion cation pointedness Sustained appli-One-2 Joy **Happiness** 2nd Jhana cation pointedness One-3 3rd Jhana Joy **Happiness** pointedness One-4 **Happiness** 4th Jhana pointedness One-5 5th Jhana Neutral pointedness Form-sphere Functional Consciousness = 5 Initial applica-Sustained appli-One-1 1st Jhana Joy **Happiness** pointedness tion cation Sustained appli-One-2 **Happiness** 2nd Jhana Joy cation pointedness One-3 Joy **Happiness** 3rd Jhana pointedness One-4 Happiness 4th Jhana pointedness One-5th Jhana 5 Neutral pointedness

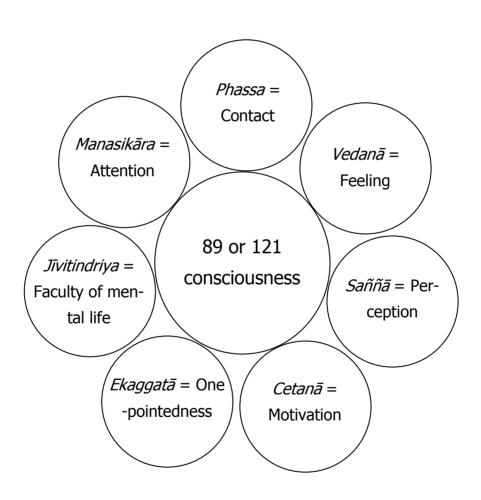
	Formless-sphere Consciousness =12			
	Formless-sphere Wholesome Consciousness =4			
1	Ākāsānañcāyatana	The consciousness that has the "infinite space" as its object		
2	Viññāṇañcāyatana	The consciousness that has the "infinite <i>viññāṇd"</i> as its object.		
3	Ākiñcaññāyatana	The consciousness that has "non- existence of the first viññāṇa" as its object.		
4	Nevasaññā-nāsaññāyatana	The consciousness that has neither perception nor non- perception based on its object.		
Formless-sphere Resultant Consciousness =4				
1	Ākāsānañcāyatana	The consciousness that has the "infinite space" as its object		
2	Viññāṇañcāyatana	The consciousness that has the "infinite <i>viññāṇd'</i> as its object.		
3	Ākiñcaññāyatana	The consciousness that has "non- existence of the first viññāṇa" as its object.		
4	Nevasaññā-nāsaññāyatana	The consciousness that has neither perception nor non- perception based on its object.		
	Formless-sphere Functional Consciousness =4			
1	Ākāsānañcāyatana	The consciousness that has the "infinite space" as its object		
2	Viññāṇañcāyatana	The consciousness that has the "infinite <i>viññāṇd"</i> as its object.		
3	Ākiñcaññāyatana	The consciousness that has "non- existence of the first viññāṇa" as its object.		
4	Nevasaññā-nāsaññāyatana	The consciousness that has neither perception nor non- perception based on its object.		

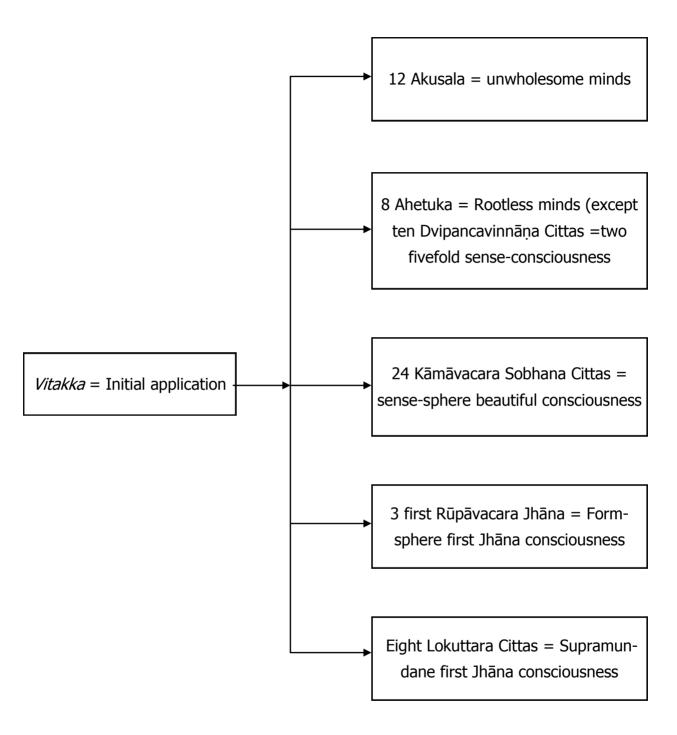
Supramundane Consciousness =8			
	Supramundane Wholesome (Path) Consciousness =4		
1	Sotāpatti Magga = Stream Enterer Path consciousness		
2	Sakadāgāmi Magga = Once-returner Path consciousness		
3	Anāgāmi Magga = Non-returner Path consciousness		
4	Arahatta Magga = Arahatta Path consciousness		
Supramundane Resultant (Fruition) Consciousness =4			
1	Sotāpatti Phala = Stream Enterer Fruition consciousness		
2	Sakadāgāmi Phala = Once-returner Fruition consciousness		
3	Anāgāmi Phala = Non-returner Fruition consciousness		
4	Arahatta Phala = Arahatta Fruition consciousness		



# **Sampayoga Method** = Cetasika-Citta method

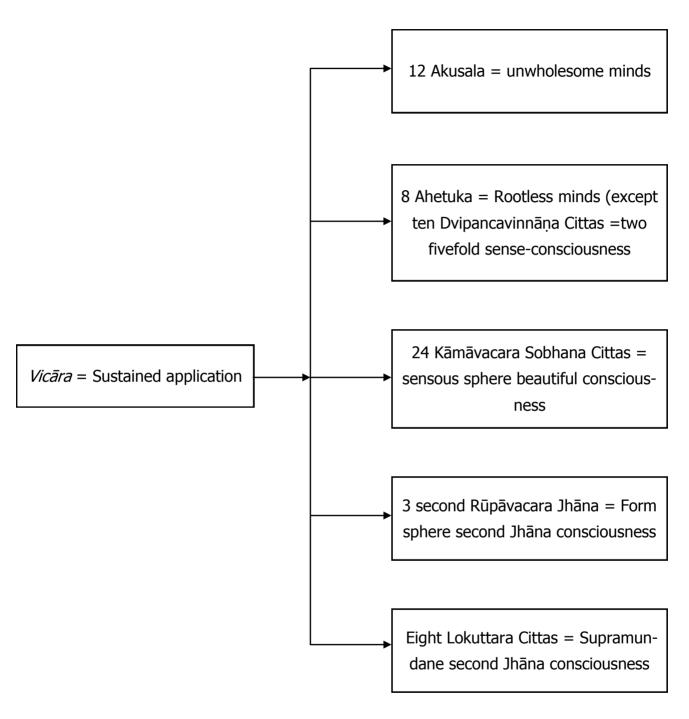
(1) Sabba-citta-sādhāraṇa = seven universal mental factors





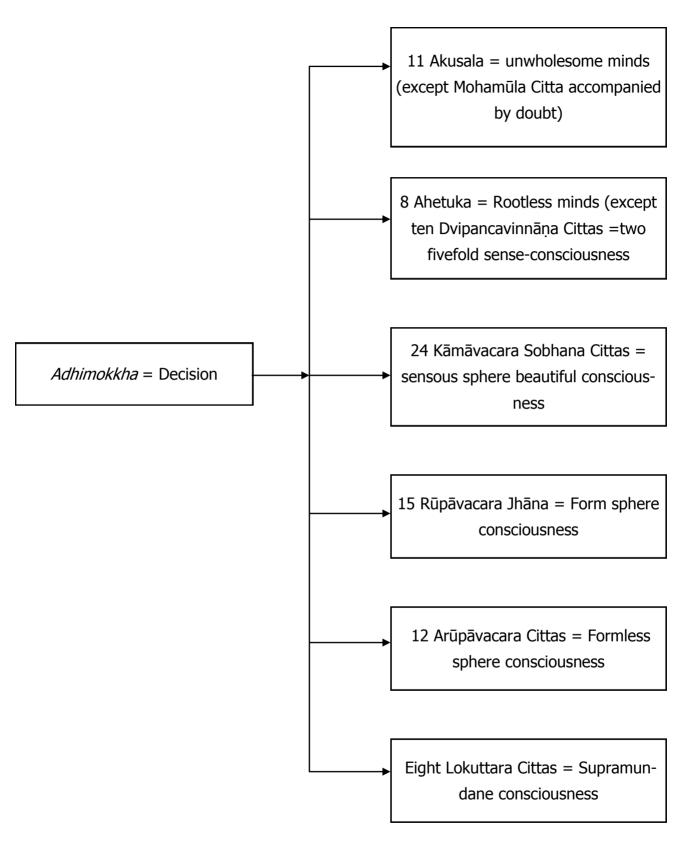
<sup>\*\*\*</sup> Vitakka is one of the Jhāna factors, so we must take into account the forty Lokuttara Cittas (=Supramundane consciousness).

<sup>\*\*\*</sup> Vitakka does not arise with seeing consciousness, hearing consciousness and so on because their impact is so great that they don't need vitakka to take them to the object.



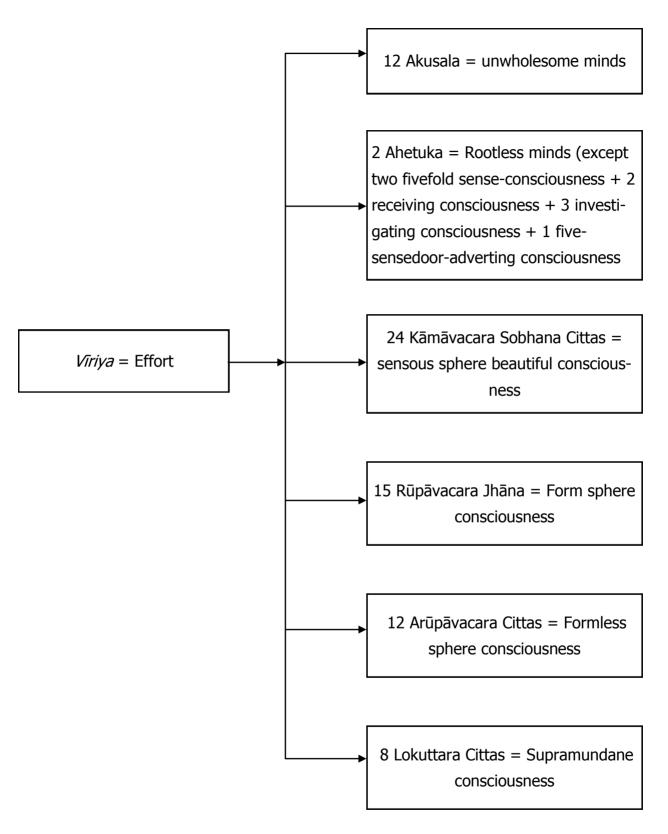
<sup>\*\*\*</sup> *Vicāra* is one of the Jhāna factors, so we must take into account the forty Lokuttara Cittas (=Supramundane consciousness).

<sup>\*\*\*</sup> Vitakka is eliminated in second Jhāna by force of mental development.

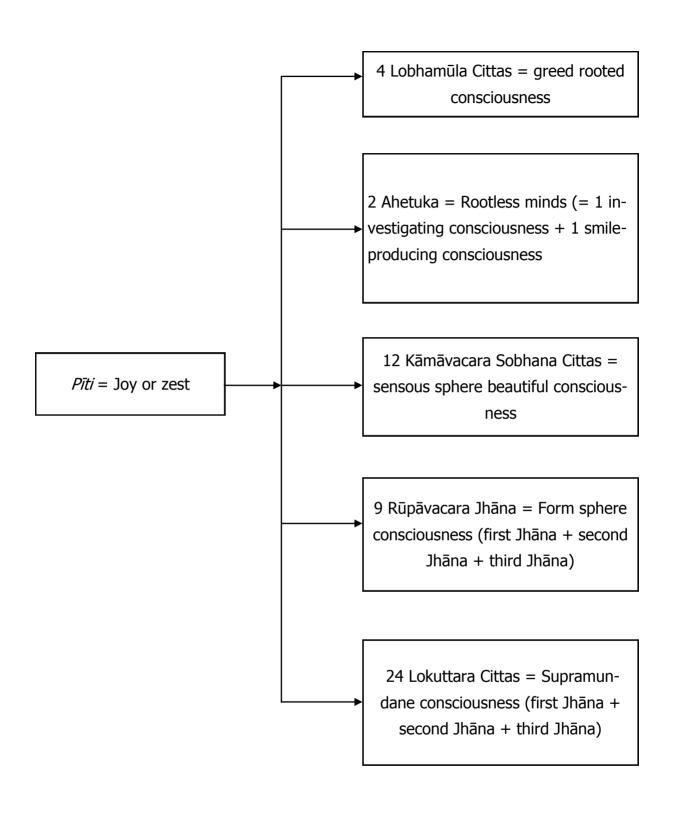


<sup>\*\*\*</sup> If you have doubt, you cannot make a resolution. That is why Adhimokkha does not arise with first Mohamūla Citta which is accompanied by doubt.

<sup>\*\*\*</sup> Adhimokkha does not arise with the Dvipancavinnāṇa also. It is said that these ten Cittas are actually weak in their experience of the object. So since they are weak, Adhimokkha does not arise with them also.

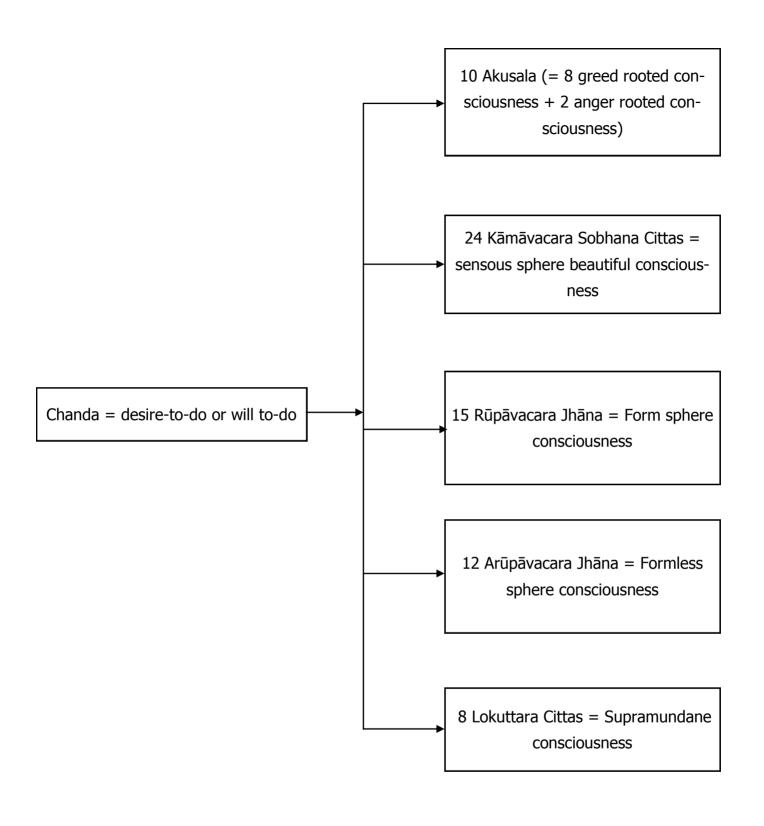


<sup>\*\*\*</sup> One teacher said that they are weak and so not compatible with Viriya or energy which is strong. Viriya does not arise with 16 Cittas. So Viriya arises with only 73 types of consciousness.



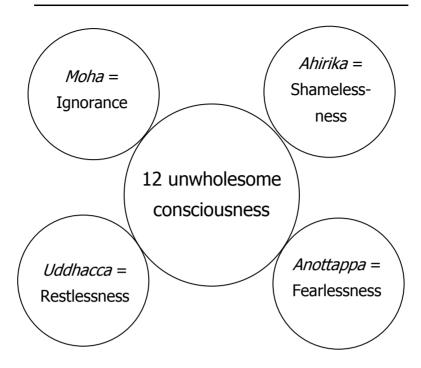
<sup>\*\*\*</sup> With first Jhāna there is Pīti. With second and third Jhāna there is Pīti. With fourth and fifth Jhāna there is no Pīti. Please note that the fourth Jhāna is accompanied by Somanassa. Pīti does not arise with that Somanassa (=with pleasant feeling) because of the force of mental development.

<sup>\*\*\*</sup> It does not arise with twelve Arūpāvacara Cittas (=Formless sphere consciousness)



<sup>\*\*\*</sup> Mohamūla Cittas (= Delusion rooted consciousness) and all Ahetuka Cittas (Rootless consciousness) are dull, so Chanda is not compatible with all these Cittas.

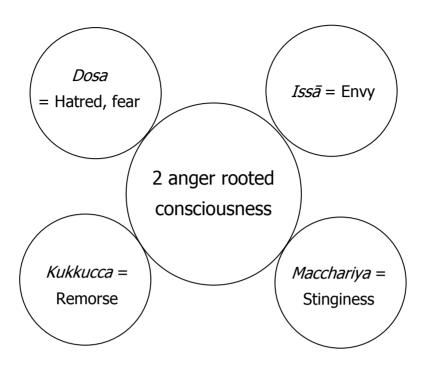
#### Akusala-sādhārana = unwholesome universals



Then there is Lobha, attachment. It arises only with the eight Lobhamūla Cittas. It is very easy. Then Diṭṭḥi, wrong view, accompanies only four, those that are accompanied by wrong view. Māna accompanies only four of the Lobhamūla Cittas. It accompanies those that are not accompanied by wrong view. "Both of these factors (Māna & Diṭṭḥi) are found only in the cittas rooted in greed, for they involve some degree of holding to the five aggregates." They are based on Lobha. Only when there is Lobha, there is wrong understanding of the object and also pride with regard to that object. Although they are based on Lobha, they have different qualities and thus they cannot coexist in the same citta.

Ditthi takes impermanent things to be permanent, unsatisfactory things to be satisfactory, insubstantial things to be substantial and so on. Its understanding of the object, its reaction to the object is incorrect. It takes them wrongly. When Mana (conceit) arises, one may think, "I'm better than they are", or sometimes, "I am the same as they are", or sometimes "I am not as good as they are." Whatever the manifestation may be, still there is pride or conceit. Its relationship to the object is in a different mode than wrong view. Therefore, wrong view and conceit cannot arise with the same object. They are compared to two lions of equal strength who cannot live in one cave.

\*\*\* When Akusala Citta arises, there is some kind of not understanding. For example, with Lobha there may not be the understanding that Lobha leads to four woeful states and so on. There is also a shade of non-disgust for Akusala and non-fear of Akusala. And also there is some kind of restlessness.



Dosa, Issā, Macchariya and Kukkucca, these four arise with two Dosamūla Cittas only. They are found in these two Cittas. Among them Dosa is always found in these two Cittas. But Issā, Macchariya and Kukkucca do not always arise with these two Cittas; they arise sometimes only. So we say four unwholesome mental factors can accompany the two Cittas that are accompanied by Domanassa (=displeasure feeling).

Issā is jealousy or envy. Issā takes what object? What is the object of Issā? The object of Issā is other people's success. Macchariya has what object? One's own success is the object. Kukkucca takes what as object? Some good thing that is not done and some bad thing that is done are the objects of Kukkucca. So their objects are different. If the objects are different, they cannot arise at the same time.

## Sloth (= *Thīna* ) and torpor (= *Middha* )

Sloth and torpor are dull mental states, so they cannot arise with those that are unprompted. They arise only with those Cittas that are prompted. When there is Thina and Middha, we have to prompt, we have to encourage ourselves. When the Citta is strong by itself, we don't need prompting. Thina and Middha only arise with those that are prompted, that is, Akusala Cittas #2, 4, 6, 8 & 10.

### Doubt = Vicikicchā

The last one is doubt, Vicikicchā. It arises with only one Citta, the first Mohamūla Citta. Among the 52 Cetasikas, Vicikicchā arises with the least number of Cittas, only one Citta.