

ထေရဝါဒဗုဒ္ဓသာသနာအဖွဲ့ (အမေရိကန်ပြည်ထောင်စု)

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Knowing yourself
is the beginning of all
WISDOM

EGO - KILL IT
LOVE - VALUE IT
SMILE - KEEP IT
GOSSIP - IGNORE IT
SUCCESS - ACHIEVE IT
JEALOUSY - DISTANCE IT
KNOWLEDGE - ACQUIRE IT
CONFIDENCE - TRUST IT

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Abhidhamma
psycho-ethical philosophy of Buddhism

Two Kinds of Truth

**conventional truth =
Paññatti**

**ultimate truth =
Paramattha**

two kinds of Paññatti

Attha-paññatti = thing-concept

Nāma-paññatti = name-concept

‘Citta’ = ‘consciousness’ (89/121)

Cetasika = mental factors, mental

Rūpa = matter (28)

**Nibbāna = extinction of all mental
Defilements or extinction of all suffering.**

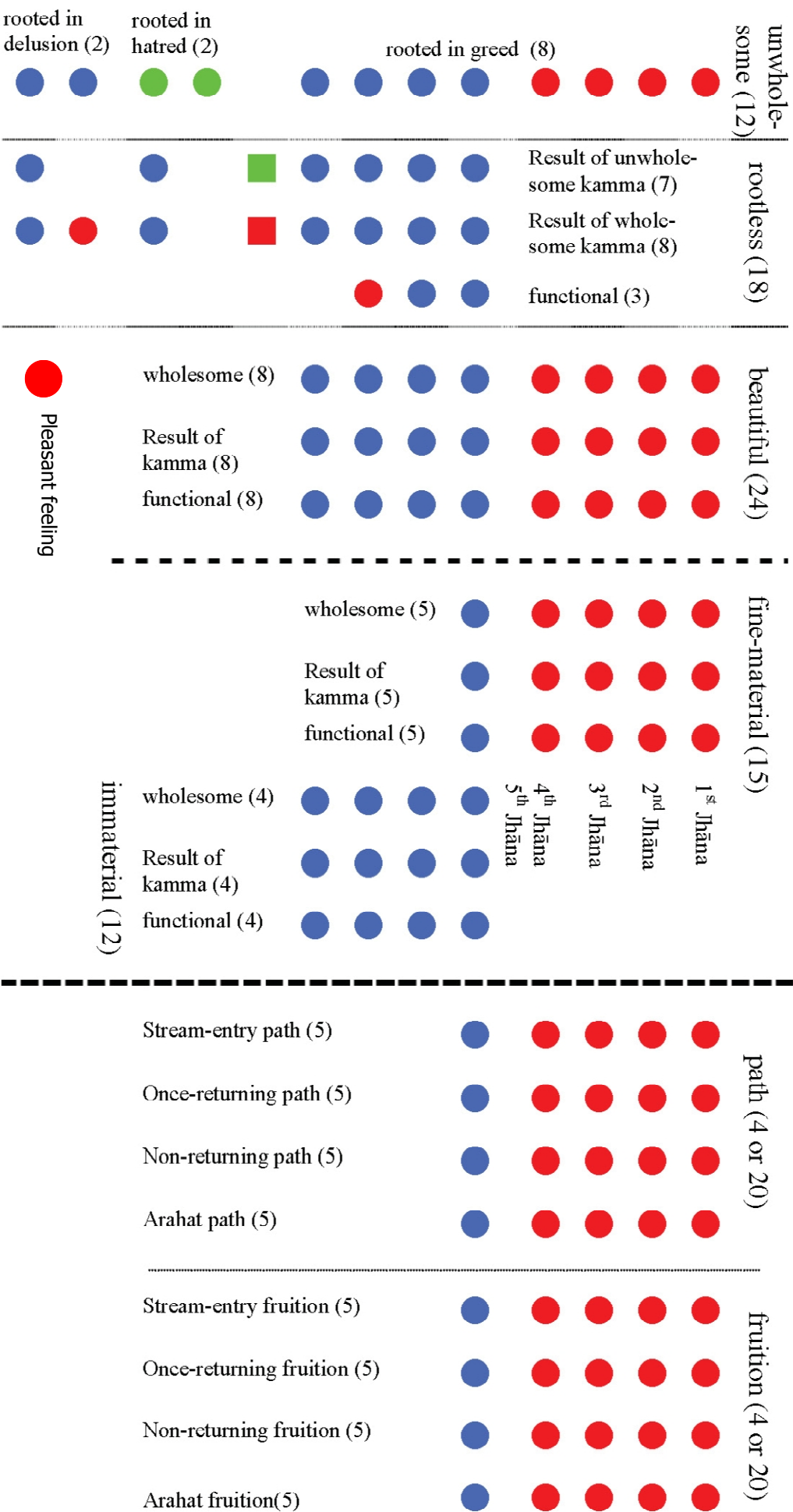
CONSCIOUSNESS 89 / 121

mundane (81)

supramundane (8 or 40)

Sense-sphere (54)

Spheres of absorptions (27)



Pleasant feeling
Neutral feeling
Displeasure feeling

Happiness feeling
Painful feeling

CONSCIOUSNESS AND MENTAL FACTORS

		karmical variable (13)							unwholesome (14)							beautiful (25)				Total
Consciousness <i>citta</i>	Mental factors <i>cetasika</i>	universal 7 ¹	Initial thought	Sustained thought	Determination	Effort / energy	Joy	Wish	univ. unwholesome 4 ²	Greed	Wrong view	Conceit	Hatred, envy, stinginess, remorse	Sloth + torpor	Doubt	univ. beautiful 19	Abstinences 3	Illimitables 2	Wisdom	
rooted in greed	1	+	+	+	+	+	+	+	+	+	+									19
	2	+	+	+	+	+	+	+	+	+	+			+						21
	3	+	+	+	+	+	+	+	+	+		+								19
	4	+	+	+	+	+	+	+	+	+		+		+						21
	5	+	+	+	+	+		+	+	+	+									18
	6	+	+	+	+	+		+	+	+	+			+						20
	7	+	+	+	+	+		+	+	+		+								18
	8	+	+	+	+	+		+	+	+		+		+						20
rooted in hatred	1	+	+	+	+	+		+	+				+							20
	2	+	+	+	+	+		+	+				+	+						22
rooted in delusion	1	+	+	+		+			+						+					15
	2	+	+	+	+	+			+											15
Five pairs of sense-consciousn.	10	+																		7
receiving consciousness	2	+	+	+	+															10
investigating with indifference	2	+	+	+	+															10
investigating with happiness	1	+	+	+	+		+													11
five-door-adverting conscousn.	1	+	+	+	+															10
mind-door-adverting conscous.	1	+	+	+	+	+														11
Smile-producing consciousness	1	+	+	+	+	+	+													12
great wholesome consciousness	1,2	+	+	+	+	+	+	+								+	+	+	+	38
	3,4	+	+	+	+	+	+	+								+	+	+		37
	5,6	+	+	+	+	+		+								+	+	+	+	37
	7,8	+	+	+	+	+		+								+	+	+		36
great resultant consciousness	1,2	+	+	+	+	+	+	+								+			+	33
	3,4	+	+	+	+	+	+	+								+				32
	5,6	+	+	+	+	+		+								+			+	32
	7,8	+	+	+	+	+		+								+				31
great functional consciousness	1,2	+	+	+	+	+	+	+								+		+	+	35
	3,4	+	+	+	+	+	+	+								+		+		34
	5,6	+	+	+	+	+		+								+		+	+	34
	7,8	+	+	+	+	+		+								+		+		33
fine-material (3x: wholesome, resultant, functional)	1 st Jhāna	3	+	+	+	+	+	+								+		+	+	35
	2 nd Jhāna	3	+		+	+	+	+								+		+	+	34
	3 rd Jhāna	3	+			+	+	+								+		+	+	33
	4 th Jhāna	3	+			+	+									+		+	+	32
	5 th Jhāna	3	+			+	+	+								+		+	+	30
immaterial (3x)	4 Jhānas	12	+			+	+	+								+			+	30
4 path- consciousness	1 st Jhāna	4	+	+	+	+	+	+								+	+		+	36
	2 nd Jhāna	4	+		+	+	+	+								+	+		+	35
	3 rd Jhāna	4	+			+	+	+								+	+		+	34
	4 th Jhāna	4	+			+	+									+	+		+	33
	5 th Jhāna	4	+			+	+	+								+	+		+	33
4 fruition- consciousness	1 st Jhāna	4	+	+	+	+	+	+								+	+		+	36
	2 nd Jhāna	4	+		+	+	+	+								+	+		+	35
	3 rd Jhāna	4	+			+	+	+								+	+		+	34
	4 th Jhāna	4	+			+	+									+	+		+	33
	5 th Jhāna	4	+			+	+	+								+	+		+	33
Total		89	55	66	78	73	51	69	12	8	4	4	2	5	1	59	16	28	47	

¹ Seven universal mental factors: Contact, feeling, perception, motivation, one-pointedness, life-faculty, attention

² Four unwholesome universal mental factors: Delusion, shamelessness, moral fearlessness, restlessness

CONSCIOUSNESS AND FEELING

Vedanā - Feeling, Sensation

Threefold classification:

sukha - *dukkha* - *adukkhamasukha*
pleasant - painful - neither painful nor pleasant

Fivefold classification:

sukha pleasant (bodily)
dukkha painful (bodily)
somanassa pleasant, happy (mental)
domanassa unpleasant, unhappy, distressful (mental)
upekkhā indifferent, neutral

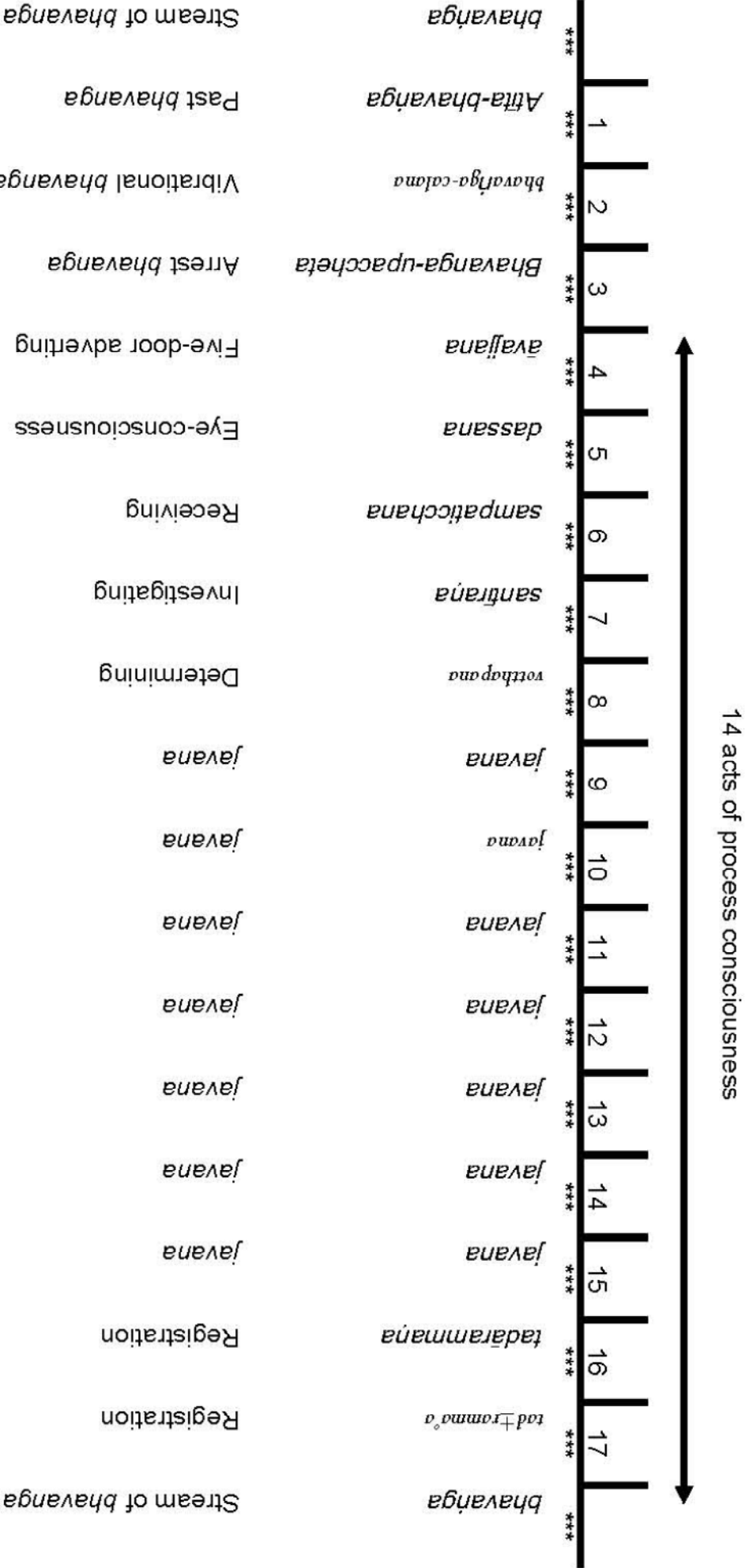
	Consciousness	Feeling	pleasant <i>sukha</i>	painful <i>dukkha</i>	happy <i>somanassa</i>	unhappy <i>domanassa</i>	neutral <i>upekkhā</i>
8	Consciousness rooted in greed <i>lobhamūla cittas</i>				4		4
2	Consciousness rooted in hatred <i>dosamūla cittas</i>					2	
2	Consciousness rooted in delusion <i>mohamūla cittas</i>						2
8	Eye-, ear-, nose-, tongue-consciousness <i>cakkhu-, sota-, ghāna-, jivhā-viññāṇa</i>						8
2	Body-consciousness <i>kāya-viññāṇa</i>		1	1			
2	Receiving consciousness <i>sampaṭicchana cittas</i>						2
3	Investigating consciousness <i>santīraṇa cittas</i>				1		2
1	Five-sens-door adverting consciousness <i>pañcadvārāvajjana citta</i>						1
1	mind-door adverting consciousness <i>manodvārāvajjana citta</i>						1
1	Smile-producing consciousness <i>hasituppāda citta</i>				1		
8	Great wholesome consciousness <i>mahā-kusala cittas</i>				4		4
8	Great resultant consciousness <i>mahāvipāka cittas</i>				4		4
8	Great functional consciousness <i>mahākiriya cittas</i>				4		4
5	Fine-material wholesome consciousness <i>rūpāvacara kusala cittas</i>				4		1
5	Fine-material resultant consciousness <i>rūpāvacara vipāka cittas</i>				4		1
5	Fine-material functional consciousness <i>rūpāvacara kiriya cittas</i>				4		1
12	Immaterial consciousness <i>arūpāvacara cittas</i>						12
20	Path-consciousness <i>magga cittas</i>				16		4
20	Fruition-consciousness <i>phala cittas</i>				16		4
121	Total		1	1	62	2	55

Consciousness		Roots <i>hetu</i>	Greed <i>lobha</i>	Hatred <i>dosa</i>	Delusion <i>moha</i>	Generosity <i>alobha</i>	Loving kindness <i>adosa</i>	Wisdom <i>amoha</i>
Consciousness rooted in greed <i>lobhamūla citta</i>	8	2	x		x			
Consciousness rooted in hatred <i>dosamūla citta</i>	2	2		x	x			
Consciousness rooted in delusion <i>mohamūla citta</i>	2	1			x			
rootless consciousness <i>ahetuka citta</i>	18	0						
sense-sphere beautiful with knowl. <i>kāma-sobhana ñāṇa-sampayutta</i>	12	3				x	x	x
sense-sphere beautiful without knowl. <i>kāma-sobhana ñāṇa-vippayutta</i>	12	2				x	x	
fine-material consciousness <i>rūpāvacara citta</i>	15	3				x	x	x
immaterial consciousness <i>arūpāvacara citta</i>	12	3				x	x	x
supramundane consciousness <i>lokuttara citta</i>	8	3				x	x	x
Total	89	(6)	8	2	12	59	59	47

One root:	2 <i>cittas</i>:	2	Delusion-rooted consciousness
<i>(ekahetuka)</i>			<i>(mohamāla cittas)</i>

Three roots: (<i>tihetuka</i>)	47 <i>cittas</i>:	12	Sense-spere beautiful consciousness with knowledge (<i>kāmasobhana ñāṇa-sampayutta cittas</i>)
		15	Fine-material consciousness (<i>rūpāvacara cittas</i>)
		12	Immaterial consciousness Bewusstsein (<i>arūpāvacara cittas</i>)
		8	Supramundane consciousness (<i>lokuttara cittas</i>)

A complete eye-door process



Note: The triple asterisks beneath the numbers present the three sub-moments of each mind-moment: arising, presence, and dissolution

CONSCIOUSNESS AND FUNCTIONS

Consciousness and its functions

14 functions of consciousness:

- | | | |
|---------------------------------------|-------------------|-----------------------------|
| 1. rebirth, relinking | 6. smelling | 11. determining, deciding |
| 2. life-continuum (<i>bhavaṅga</i>) | 7. tasting | 12. <i>Javana</i> |
| 3. attention, adverting | 8. touching | 13. retention, registration |
| 4. seeing | 9. receiving | 14. death |
| 5. hearing | 10. investigating | |

[illegible]

Dvāra - Door

6 doors or gates:

cakkhu-dvāra
sota-dvāra
ghāna-dvāra
jivhā-dvāra
kāya-dvāra
mano-dvāra

Eye-door
Ear-door
Nose-door
Tongue-door
Body-door
Mind-door

5 physical sense-organs
or physical sensitivity

(= *Bhavaṅga-citta*)

Consciousness	Door	Eye-door <i>cakkhu</i> <i>dvāra</i>	Ear-door <i>sota</i> <i>dvāra</i>	Nose-door <i>ghāna</i> <i>dvāra</i>	Tongue-door <i>jivhā</i> <i>dvāra</i>	Body-door <i>kāya</i> <i>dvāra</i>	Mind-door <i>mano</i> <i>dvāra</i>	door-free <i>dvāra</i> <i>vimutti</i>
unwholesome consciousness <i>akusala citta</i>	12	x	x	x	x	x	x	
Eye-consciousness <i>cakkhu-viññāṇa</i>	2	x						
Ear-consciousness <i>sota-viññāṇa</i>	2		x					
Nose-consciousness <i>ghāna-viññāṇa</i>	2			x				
Tongue-consciousness <i>jivhā-viññāṇa</i>	2				x			
Body-consciousness <i>kāya-viññāṇa</i>	2					x		
Receiving consciousness <i>sampāṭicchana</i>	2	x	x	x	x	x		
Investigating consciousness with indifference <i>upekkhā santīraṇa</i>	2	x	x	x	x	x	x	x
Investigating consciousness with happiness <i>somanassa santīraṇa</i>	1	x	x	x	x	x	x	
Five-door-adverting consciousness <i>pañcadvārāvajjana</i>	1	x	x	x	x	x		
Mind-door-adverting consciousness <i>manodvārāvajjana</i>	1	x	x	x	x	x	x	
Smile-producing consciousness <i>hasituppāda</i>	1	x	x	x	x	x	x	
Great wholesome consciousness <i>mahā-kusala</i>	8	x	x	x	x	x	x	
Great resultant consciousness <i>mahā-vipāka</i>	8	x	x	x	x	x	x	x
Great functional consciousness <i>mahā-kiriya</i>	8	x	x	x	x	x	x	
Fine-material wholesome consciousness <i>rūpāvacara kusala</i>	5						x	
Fine-material resultant consciousness <i>rūpāvacara vipāka</i>	5							x
Fine-material functional consciousness <i>rūpāvacara kiriya</i>	5						x	
Immaterial wholesome consciousness <i>arūpāvacara kusala</i>	4						x	
Immaterial resultant consciousness <i>arūpāvacara vipāka</i>	4							x
Immaterial functional consciousness <i>arūpāvacara kiriya</i>	4						x	
Supramundane consciousness <i>lokuttara</i>	8						x	
Total	89	46	46	46	46	46	67	19

1. Visible object - *rūpārammaṇa*
2. Sound - *saddārammaṇa*
3. Smell - *gandhārammaṇa*
4. Taste - *rasārammaṇa*
5. Touchable object - *poṭṭhabbārammaṇa*
6. Mind-object - *dhammārammaṇa* —

- (1) Matter - *rūpa*
- (2) Consciousness - *citta*
- (3) Mental factors - *cetasika*
- (4) *Nibbāna*
- (5) Concepts - *paññatti*

[illegible]

Vatthu - (sense-) base

6 bodily, material or physical bases:

cakkhu-vatthu

Eye-base

jivhā-vatthu

Tongue-base

sota-vatthu

Ear-base

kāya-vatthu

Body-base

ghāna-vatthu

Nose-base

hadaya-vatthu

Mind- or heart-base

Consciousness	Base	Eye-base	Ear-base	Nose-base	Tongue-base	Body-base	Mind-/heart-base	
		<i>cakkhu vatthu</i>	<i>sota vatthu</i>	<i>ghāna vatthu</i>	<i>jivhā vatthu</i>	<i>kāya vatthu</i>	<i>hadaya-vatthu</i>	always sometimes
Consciousness rooted in greed <i>lobhamūla cittas</i>	8							x
Consciousness rooted in hatred <i>dosamūla cittas</i>	2						x	
Consciousness rooted in delusion <i>mohamūla cittas</i>	2							x
Eye-consciousness <i>cakkhu-viññāṇa</i>	2	x						
Ear-consciousness <i>sota-viññāṇa</i>	2		x					
Nose-consciousness <i>ghāna-viññāṇa</i>	2			x				
Tongue-consciousness <i>jivhā-viññāṇa</i>	2				x			
Body-consciousness <i>kāya-viññāṇa</i>	2					x		
Receiving consciousness <i>sampaṭicchana citta</i>	2						x	
Investigating consciousness <i>sanṭīraṇa citta</i>	3						x	
Five-door-adverting consciousness <i>pañcadvārāvajjana citta</i>	1						x	
Mind-door-adverting consciousness <i>manodvārāvajjana citta</i>	1							x
Smile-producing consciousness <i>hasituppāda citta</i>	1						x	
Great wholesome consciousness <i>mahā-kusala cittas</i>	8							x
Great resultant consciousness <i>mahā-vipāka cittas</i>	8						x	
Great functional consciousness <i>mahā-kiriya cittas</i>	8							x
Fine-material consciousness <i>rūpāvacara cittas</i>	15						x	
Immaterial wholesome consciousness <i>arūpāvacara kusala cittas</i>	4							x
Immaterial resultant consciousness <i>arūpāvacara vipāka cittas</i> ¹	4							-
Immaterial functional consciousness <i>arūpāvacara kiriya cittas</i>	4							x
Stream-entry path-consciousness <i>sotāpatti-magga citta</i>	1						x	
other supramundane consciousness <i>lokuttara cittas</i>	7							x
Total	89	2	2	2	2	2	33	42

¹ The 4 *arūpāvacara vipāka cittas* do not have a physical base (*vatthu*); they only arise in Arūpa-Brahmas who don't